

The Matrixing Breakthrough



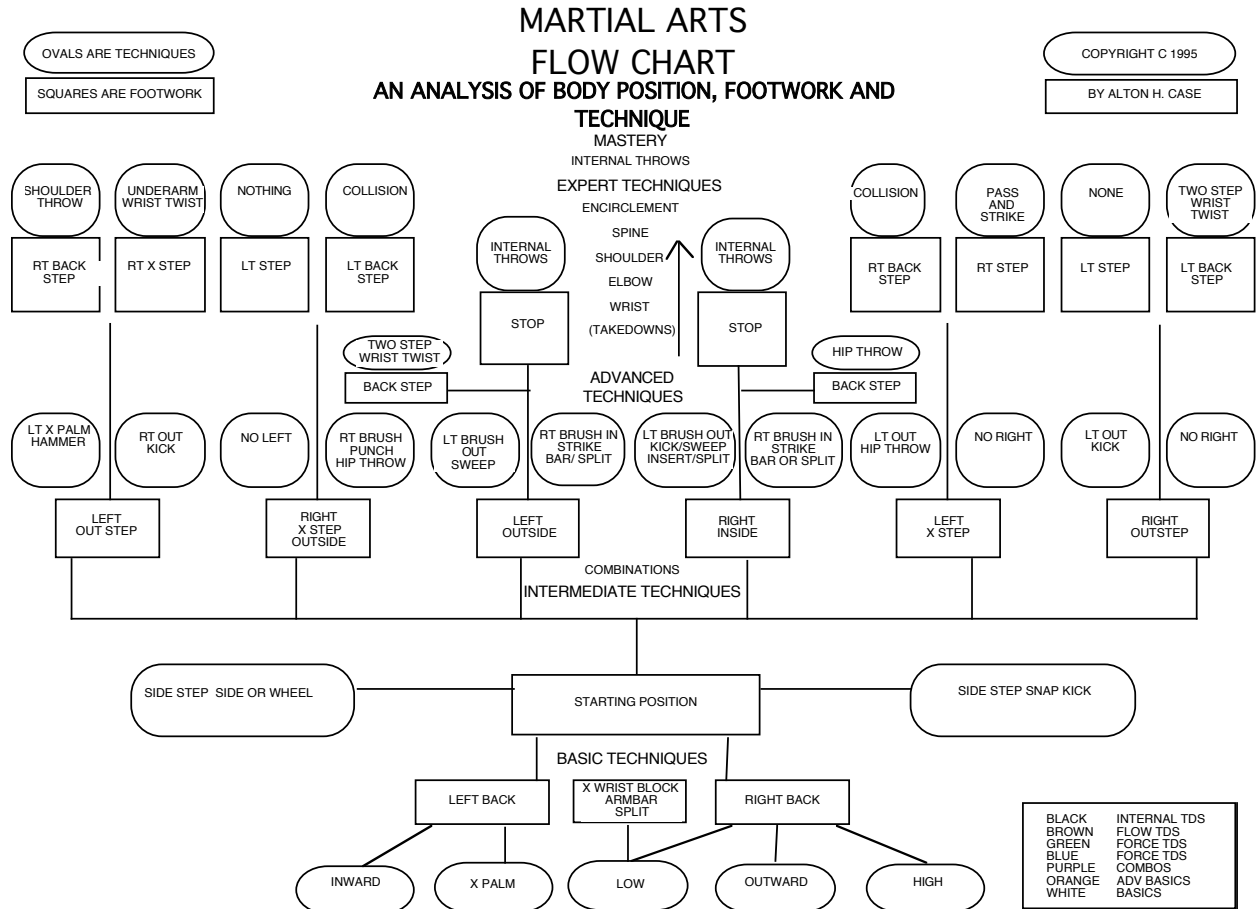
Al Case

My first real Matrixing breakthrough came about when I wrote every technique I knew on business cards, then went through them and organized them. Mind you, I had thousands of techniques. I knew a half dozen systems of Karate, several systems of Kenpo, a dozen systems of Kung Fu, and so on and so on. There was over thirty years of collecting arts and techniques on those business cards.

This experience resulting in something I called The Map. I don't think I have shown The Map, outside of a book I wrote called 'Matrixing: The Master Text.'

The Map is on the next page.

The Map of the Martial Arts



As you look at The Map several immediate conclusions come to mind.

It seems to be a mere scattering of techniques, with a couple of blank spaces.

It would be very easy to dismiss The Map as a gimmick, and as not very worthwhile.

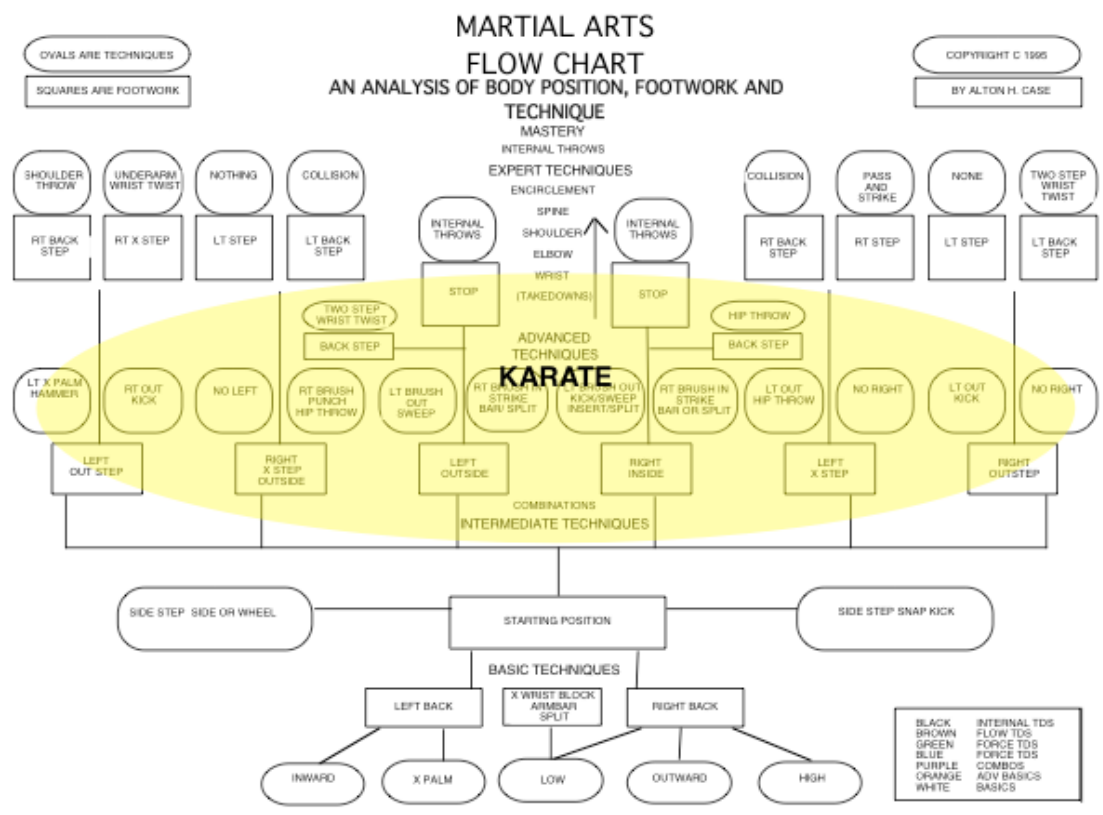
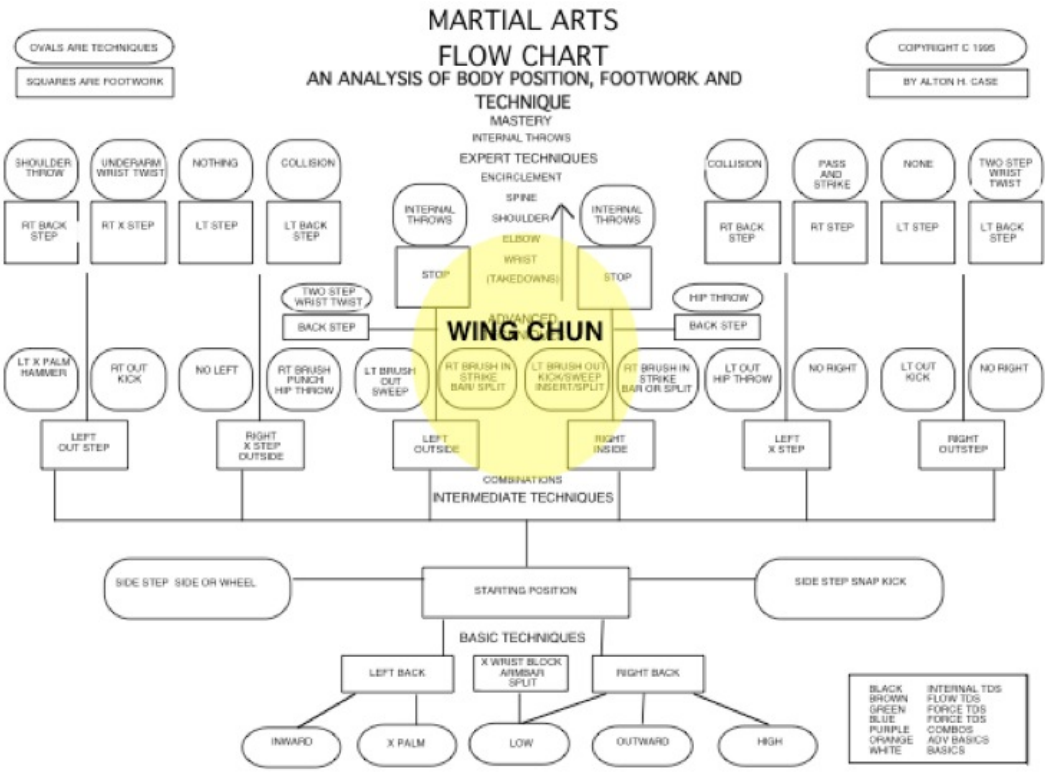
Take a few minutes and look. Examine this thing. See if you can find any value to it.

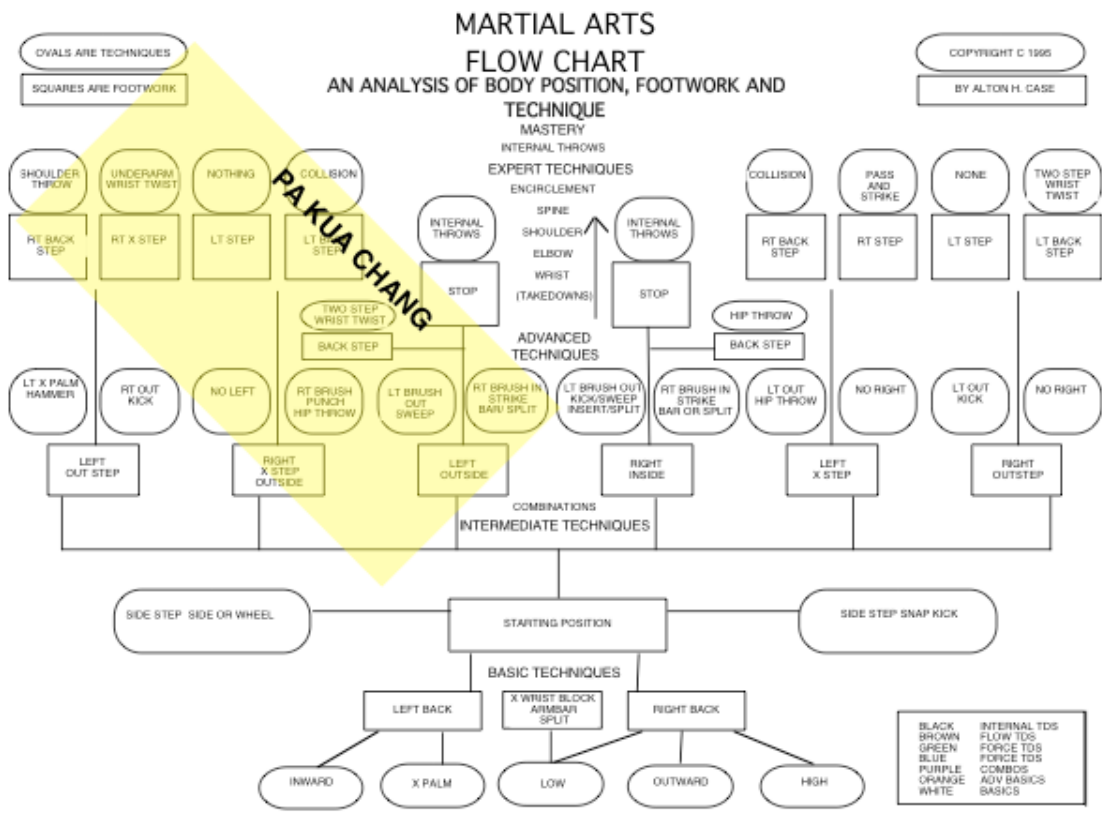
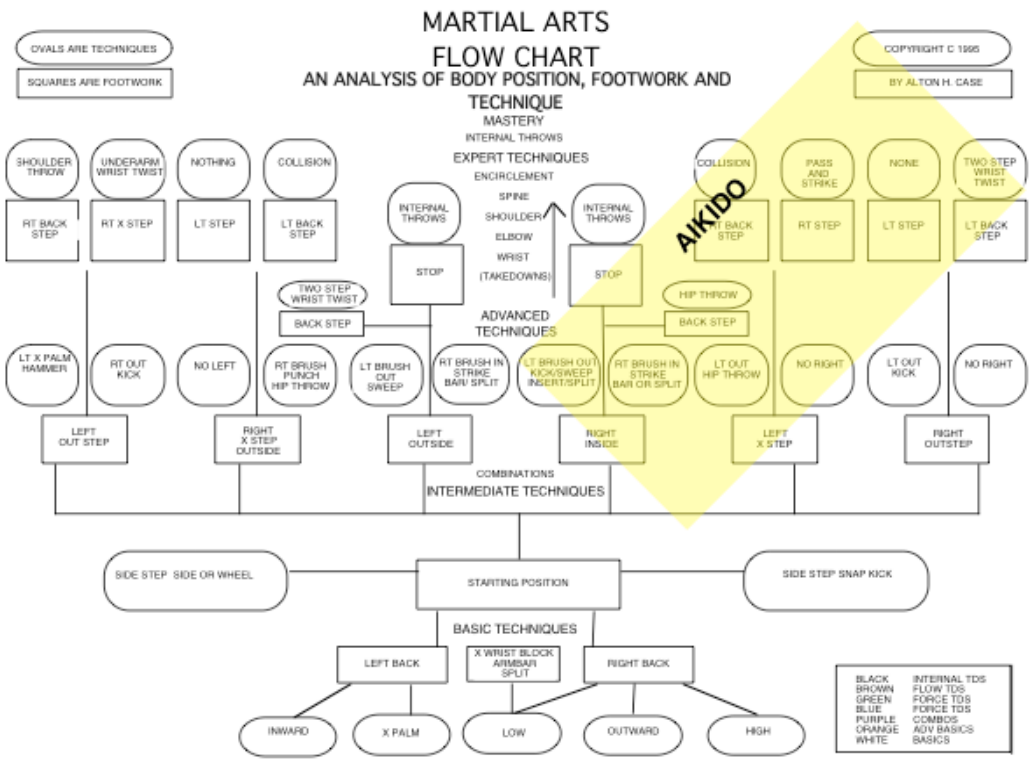
Sort of obscure, eh?

So what's the point?

The point is that because I had cataloged and organized the techniques of dozens of martial arts, enough to have a firm grasp on ALL the MartialArts, I could see things that Joe Normal couldn't.

Take a look at what I did with The Map in the following graphics.





And, I did a few other things with The Map, most of which are in [‘Matrixing: The Master Text.’](#)

Simply, I charted individual Arts on The Map, by themselves, not confused with any other Martial Art.

Realizations were really popping out at me at this point.

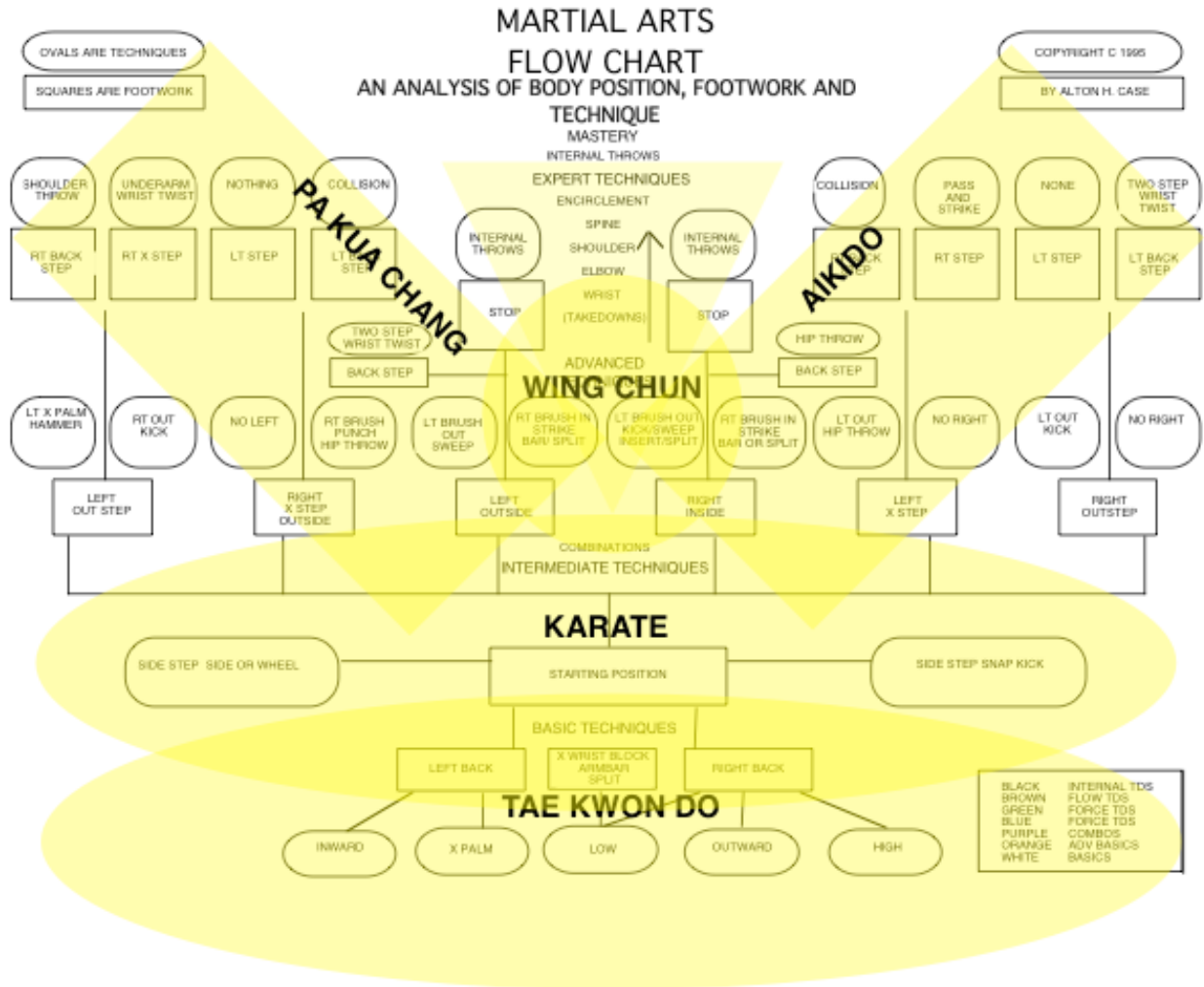
One of the simple ones, that Pa Kua Chang and Aikido, on the previous page, were the same art on different sides of the body, or the attack, if you wish.

Stylistically, they were totally different, but you can’t fool science, and you can’t fool The Map. So I was forced to rethink everything I knew about Pa Kua and Aikido.

Oddly, I didn’t have to alter the individual martial arts much, but I did have to rethink them, and alter the things that were established in my mind.

And it is true, the mind is the most difficult thing to change.

But the point is that Art is the fact of creating, and creating is to breakdown the old and synthesize it into the new. This became obvious to me when I took all the separate maps of the individual arts and put them back together, as you will see on the next page.



Now, I was not being rigid in defining the area, or territory, of the individual Martial Arts. But I was filling up The Map so that there were no missing pieces.

Yes, there were still a few blank spaces, but those could be taken care of by moving the body, and here I realized something quite interesting, you could change which art was called for by moving the body to a different area.

If you moved, then the opponent was placed in a different part of the map, and ALL the techniques shifted, and the individual arts even shifted.

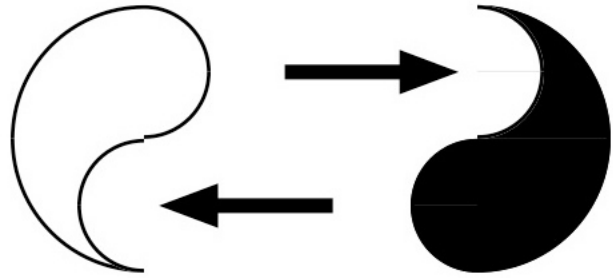
And I realized a major concept. Heck, lightning hit my head and broke my mind into little pieces that didn't want to play any more. On the following page is that major concept.

A Frightening Conclusion

Each MartialArt, in spite of the loose way I had arranged them on The Map, had a SPECIFIC AND SOVEREIGN PLACE ON THE MAP!

This is sometimes difficult to grasp, so let me take it piece by piece.

When you study Karate, to name just one art, you learn blocking and striking and kicking. And, as you proceed, you will learn some throws. There is talk of pressure points, but not much is really done with them; your pressure point striking still depends upon the force of the punch, so it is not really pressure point striking. And, you learn some of the weapons specific to Japan or Okinawa. Some of these weapons are universal, the staff, the knife, and so on, but some of them are unique to those countries, the nunchaku, the sai, and so on.



Okay, read that last paragraph again. It pretty much sums up Karate. Sure, you can argue with it here and there, but it describes most Karate systems fairly accurately.

But here is what happened: Karate is blocking and striking. It is not kicking, it is not weapons, it is not pressure points.

Take a look at The Map. See what geometrical area defines Karate. Understand that that geometrical area defines the tactics and strategy and ALL the movements of Pure Karate.

By 'pure' Karate I mean that Karate which HAS NOT BEEN INFLUENCED BY OTHER MARTIAL ARTS.

Now, here is the point where people tend to get a little antsy with me. They argue that Karate does have kicks, that the evolution of art within a person as he studies an art will cause kicks, or weapons or pressure points or whatever else, to manifest.

But I just say: LOOK AT THE MAP!

Of course, we could toss The Map out, and then we would have a generalized sort of chaos where each art borrows from every other art, and the arts lose their definition, and their focus, and become loose suits of cloth that fit everybody, but lets the rain in. Sort of what it's like now.

And, there is a deep conclusion here: arts that focus on a specific concept, Karate for blocking and striking, Taekwondo for kicking, Aikido for flowing throws, and so on, are a geographical accident.

Yes, I understand that an art might be influenced of zen, or some other concept, but zen, if you will, is also a geographical accident.

There is a frightening conclusion here: that man is a victim of his geography, and it is true, but only until you realize that no matter how badly man slants his products, it is the spirit within which causes the impetus, and eventually the collision and resolution of such problems as I have just stated at the beginning of this paragraph.

Okay, you have the data I had, and I hope you have been able to overcome the shortcomings of your individual arts, because the real conclusion is that all martial arts are part of The Map; they are all part of one larger holistic martial art.

Of course it is easier to teach them in bite size pieces, and to learn them by the geographical slices they have come to represent, but that would take lifetimes, literally, and it is time for all martial arts to collide, as described, and be resolved by Matrixing.

To resolve the mass confusion of the Martial Arts proceed to the next page.

The Significance of The Map of the Martial Arts

The Martial Arts are conglomerations of tricks, strings of data, all put together by well meaning people over the course of lifetimes. Of millennium.

While this process has resulted in some incredible and magnificent Martial Arts, and has elevated man in general and in specific, there has been one, huge drawback. The Martial Arts have become fuzzy and undefined. They overlap and twine into each other. They are confused for all of that.

Karate is bloated with techniques from other arts. There are throws that belong in Judo or Aikido. There is discussion of pressure points which has never been realized because the arts are slanted. There are weapons that become exercises in futility, and cannot be carried on the street, or used, and which slant the whole art of Karate.

That geometry which is currently considered Karate WILL NOT fit into The Map. It is a big, bloated, fuzzy blob, and does not fit into the perfect 'square' that Karate is. The piece of the Martial Arts puzzle that is Karate does not fit into the space in the puzzle where Karate goes.

And the same is true of other Martial Arts; the same slanting, be it in other directions, is true of the various Gung Fu styles, of the Indonesian arts, and so on.

Now, before you even start on me, let me explain something that is crucial and critical, and which ALL future evolution of the Martial Arts depends.

If each Martial Art held to it's specific geometrical shape, then one could learn ALL the arts quickly. And, furthermore, one would be able to transition from one art to the next in an intuitive manner.

Much faster than remembering strings of data and trying to figure out how they fit together.

Because when you define the Martial Arts properly they intuitively lead one to another... according to The Map.

If you knew when you were driving from Arizona into California you could celebrate and high five and drink champagne because you knew EXACTLY where you were. And... YOU COULD SHIFT THE MAP! At any time, any place, and you suddenly become totally and absolutely in control of your Martial Art, and thus you become totally and absolutely in control of your opponent.



Fascinating stuff, really. And the conclusion of the evolution of the Martial Arts to this point in time.

Up to this point in time you were limited by how many fuzzy, indistinct groups of strings of data you could remember.

Now you are faced with the prospect of efficient learning, the ability to learn ALL Martial Arts in a wholesale manner, and being able to use them intuitively and without confusion.

Let me restate this prospect so there is no confusion.

IF YOU LEARN THE INDIVIDUAL ARTS, DEFINED BY THEIR GEOMETRY, THEN YOU WILL BE ABLE TO TRAVEL FROM ART TO ART WITHOUT CONFUSION OR MISGIVING OR DOUBT.

This is so far superior to ANYTHING that has ever been taught it boggles the mind.

It is a breakthrough of stellar proportion, and it will lead the student into higher and higher states of awareness, such as I have defined in my work on Neutronics.

BUT, there is one problem. Let me define that on the next page.

Using The Map to Know Yourself

It is said that to know your enemy is to know yourself. The actual quote comes from Lao Tzu.

'If you know your enemies and know yourself, you will not be imperiled in a hundred battles.'

The problem is that people are afraid to learn. Yes. Afraid. If you teach somebody something, they will hold to that data and fight for that data and defeat others for that data...even though that data is wrong.

That is an unfortunate truth of mankind.

Sometimes it is cloaked as loyalty (to a school, system, etc.), sometimes it is just plain and pure ignorance.

But people will learn an art, and then they will say that their art is best, their art is the true art, and all other Martial Arts are secondary (not worthy).

And they refuse to learn.

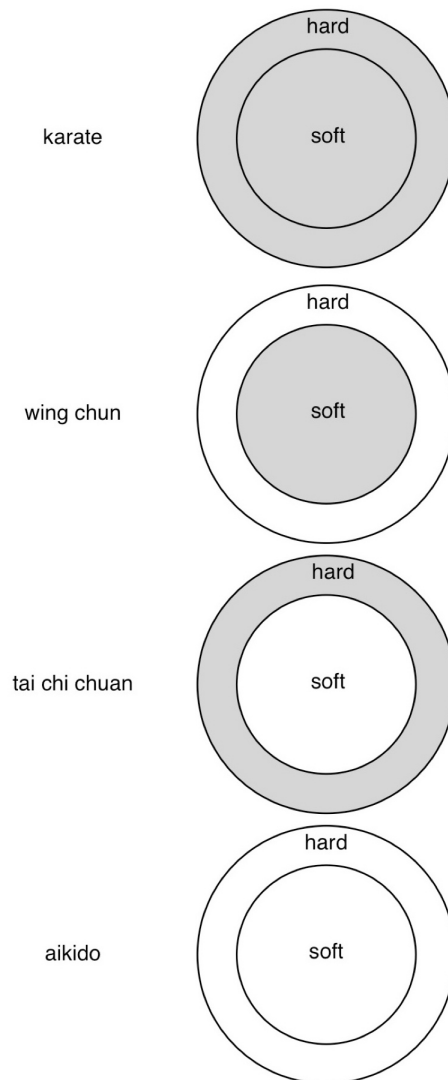
The odd thing is: what do they have to lose?

They could lose their ignorance, but they choose not to. And, if they do, it might be years before a seed sown gestates.

So people hold to their fuzzy, indistinct martial arts, not understanding that with a little, simple matrixing their Martial Art would become sharp and defined, quick and intuitive, and would then enable them to absorb other Martial Arts and fit them into the whole of the Martial Arts.

Now, here is the thing: continuing to use Karate as the example, but knowing that what I am saying applies to ALL Martial Arts, one has to use logic to streamline and align each individual Martial Art into its proper and geometrical place.

People think this means I am 'dumbing down' the Martial Arts, coming up with a 'Martial Art Lite,' or something.



If you understand the basic geometries, and apply them in the right proportion, you can make any art out of any other art.

The opposite is true.

So let's say you are learning Classical Karate. And let's say that in your ten forms there are 100 techniques. And, these techniques are out of order, there are gaps in difficulty, and so on. Furthermore, they are diluted by being infected and corrupted with techniques and concepts from other Martial Arts. Really messy, if you understand any Matrixing.

But if you take Matrix Karate, as a first step, you will find 64 techniques (the specific Matrix of Blocks that are the techniques at the heart of the Matrix System) that **TOTALLY DEFINE THE ART**. Only 64 techniques, and you have taken into account the whole system.

What about the fuzzy techniques? The ones that were imported from other Martial Arts or philosophies?

THOSE BELONG IN ANOTHER SYSTEM!

If you could get rid of the excess, bloated fat, Karate becomes the quick, easy to learn art that it was back in the beginning. Back when people got their black belts in a year or less!

Think about this: Let's say there are five specific arts you need to learn to fill in all the blank spaces on The Map. Five times 64 is 320. That means you could learn **ALL** the Martial Arts in this lifetime. In fact, in a year or two. And they would fit together perfectly!

Currently, Kenpo has some 700 or 800 techniques, depending on which style you're studying, and it can take up to, in the case of one system, 17 years to get to Black Belt. And then you have a fuzzy, difficult thing to apply. You've seen Kenpo, there are two arts taught, the art of freestyle, and those stylized but random 700-800 techniques.

One of the older Martial Art, Daito Ryu Aiki Jujitsu, had 3200 to 3500 techniques! Many were variations, slight shifts in distancing or angle, but they were still 3200-3500 techniques. Some of the techniques were battlefield specific depending on the type of armor an opponent wore and the type of weapon you had (or didn't have)...techniques that are virtually worthless on today's modern streets.

These individual arts tried to be **ALL** arts. All they succeeded in doing was making the runway too long, and making the art fat and bloated and unwieldy and a lot less than aware.

Now, there is one other thing to be understood, and it is on the next page.

Standing on the Welcome Mat with The Key!

You've read this paper, and I know that some people will scoff, and believe that their Art doesn't need no durned modification.

They are victims of their own hard work. Memorizing until they can't change what they've memorized, but can only think in the straightjacketed method they have implanted in themselves.

And, frequently, but not always, this unfortunate straightjacket mentality will manifest in a simple phrase:

'We have that in our system.'

In spite of The Map NEVER being seen before I created it, they will still say such things.

And underneath this holding on to ignorance they have the idea that they don't need Matrixing; that they have enough arts, that now they know what I am talking about, so they'll use it to streamline their own system.

Okay. I have been selling Matrixing since 2007. And I have been teaching it in evolutionary stages since the 1980s. And NEVER in all that time, has anybody come up with Matrixing, nor with ANY of the principles.

Nobody has come up with The Matrix of Blocks.

Nobody has come up with the idea of The Map.

Nobody has come up with a logical way of presenting each, unique art, so that they form the larger and unique whole of arts.

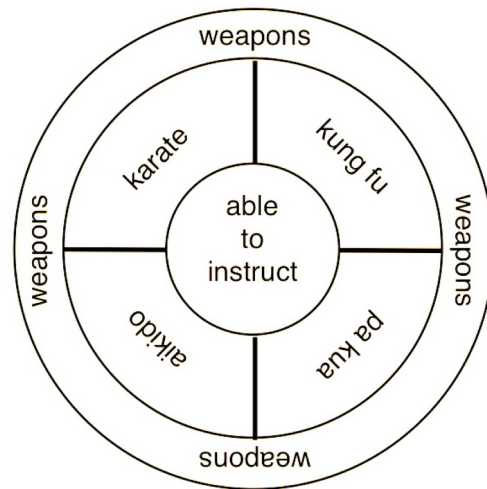
Nobody.

Nobody has come up with ANY of the individual Matrixing graphs I use to explain the concepts and how to logically align each and every Martial Art in the world.

But they have come up with opinions as to what I am doing.

According to those who know better, I am a quack, an internet charlatan, a gimmick in fancy words, and so and on on.

There was one fellow who had 12 years experience in one art, and he deemed that I was a fraud of magnificent proportion, and he backed up everything he said with his one art. And he never



The martial arts are pieces of a puzzle;
they are pieces of the same pie.

figured out that I had near 50 years experience, and in dozens of different arts. But he offered his opinion, and did his best to dissuade any and all to avoid me.

He never understood that he simply didn't have a large and quality enough database to understand me.

He never took one of my courses. He just assumed he knew better. And to this day he knows nothing about Matrixing. At all. But at least he's a black belt in some art. Only took him 12 years.

He never even looked at the OVER 600 PAGES OF TESTIMONIALS AND WINS I have received over the years.

So, here is the question.

Are you going to be one of those who hold to your ignorance?

Are you going to be one of those who know best and say, 'We have that in our art!'

Or, are you going to consider the the information I have given you here, The Map, and the geometrical dividing up of the various Martial Arts, the conclusions regarding what, exactly matrixing is, how it developed, and how it works.

What I did with The Map I have done for every Martial Art I know.

And, through internet students, for arts that I didn't know.

Look, I have skimmed the surface with this paper. Before this article you knew nothing about Matrixing. Now that you have read it you know something about Matrixing.

But you have never experienced The Matrix of Blocks, or any of the unique forms, or the graphs and concepts I use to teach Matrixing.

The stuff I have gone over in this paper continues in the courses, telling you things you didn't know, couldn't understand because it hadn't been developed.

Do you want to keep learning? Or are you just going to walk away.

This is the frustrating part for me, because you are standing on the welcome mat in front of the door, and there is a key under the mat, and I have to convince you to lift the mat, take out the key, and use it.

The key is the price of a Matrixing course. That simple. An amount of money that, let's face it, you have probably blown ten times over on MacDonaldis or a rotten movie.

A movie that will stick with you for ten minutes after you see it, the time it takes to grouse about it...instead of learning something that will change you and expand you throughout your lifetime.

Will make you faster and stronger, smarter and more aware, and will last you into old age.

Okay, let me explain about Matrix Karate on the next page.

How Matrix Karate Works

Karate is my base art.

It is the art I started with, became the most fascinated with, studied more of than any other art, and it is the art I used for initial Matrixing.

It is a simple art, if you matrix it.

It is a difficult art if you don't.

Difficult in the sense that most people who start Karate don't finish it. Only 1 out of 100 earn their black belt. And only 1 out of a 100 of those who earn black belt continue on to other martial arts.

With Matrixing, people are able to finish the arts they begin. They are not blown off by the blank spots, the illogic of it all.

The structure of Matrix Karate is like this.

First: Three totally logical forms. Not the random, sequences done in the classical forms, where there is no logic, but an almost mathematical precision that is surprisingly fun to do.

Second: Three totally logical Two Man Forms. Karate doesn't have a lot of two man forms, so this is not just a breath of fresh air, but a step into cause and effect that one doesn't normally experience in Karate.

Third: the form applications. Again, a logical sequence, easy to remember because the progression of techniques so logical it is, again, almost mathematical.

Fourth: The Matrix of Blocks. This is an incredible invention that results in the basics being cemented, the basics becoming joined, and there being absolutely NO BLANK SPOTS!

Fifth: A type of freestyle that is not used, and certainly to the point I have used, wherein freestyle becomes totally intuitive with just a few hours practice.

Now, here comes the good part. When you do Matrix Karate you are learning how to Matrix. So you not only get a complete system of Karate, but a system of logic which can be used with ANY OTHER MARTIAL ART!

Matrix Karate is the template. The basic matrixing graphs I use can be used to make other Martial Art logical.



And, a BONUS: I know that kicks aren't part of Karate, BUT, I also know you can't separate the public expectation of what Karate is. So I have included the 'Power Kicks' course. This is a DVD with forms and applications that will change the way you kick.

The Matrix Karate Course includes a 160 page book detailing the material and going over the concepts so there is no misunderstanding of what Matrixing is and does.

And there is a DVD going over, in detail, the forms and the applications and the Matrix of Blocks and the method of Freestyle.

And, BONUSSES: The first Martial Arts book I ever wrote, 'The Master's Handbook.' And, a booklet entitled 'Perfect Karate,' which goes into the two man forms a little deeper.

That's a lot of material for \$40.

\$30 if you get the instant download.

Heck, it's a phenomenal deal.

A whole system, aligned like you've never seen nor imagined, and the basics of a science that can resolve ANY martial arts.

Plus a couple of bonuses.

Compare that to the price of courses for a year (\$600 at \$50 per month...\$2400 for four years).

So go to MonsterMartialArts.com.

Make sure you sign up for the free books and newsletter, and click on [Matrix Karate](#).

Your art will transform and blossom, and you will enter an awareness you didn't know was possible.

Have a great work out!

Al Case

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